



# THE BROWNSEA GAZETTE

The Newsletter of Independent Scouting

Volume 4 – Edition 3

March 2006

## **Governance....**

### **Warrants of Appointment**

The following BPSA Warrants of Appointment have been issued:

- 1) Tammy Raynor – Explorer Leader. 14<sup>th</sup> Dragon Lake.
- 2) Blaine Dimler – Assistant Explorer leader. 14<sup>th</sup> Dragon Lake.
- 3) Warren Salmon – Assistant Timber Wolf Leader. 14<sup>th</sup> Dragon Lake.
- 4) Robert Thompson – Assistant Timber Wolf Leader. 14<sup>th</sup> Dragon Lake.
- 5) Spring Parks – Assistant Timber Wolf Leader. 14<sup>th</sup> Dragon Lake.
- 6) Michael Maloney – Provincial Commissioner. BPSA in BC.

The following CISA Warrants of Appointment have been issued:

- 1) Lorne Hood – Provincial Commissioner. CISA in Ontario.
- 2) Bill Nangle – Chief Commissioner. CISA.
- 3) Neil Baldock – Explorer Leader. 77<sup>th</sup> Toronto.
- 4) Sean Murphy – Rover leader. 15<sup>th</sup> North Bay.

### **Publications**

The following up-dated BPSA Federation Publications are available through your Provincial or Training Commissioners:

B-P Games V2.0	Explorer Leaders First Year V2.0
Start-Up Booklet V1.0	GSM Handbook V4.0
BPSA Explorer Badges V2.0	Otter Games V1.0
Tenderpad to Leaping Wolf V3.0	Otter Handbook V4.0
BPSA PO&R V4.0	Otter Stories – The Secret of the Woods
Timber Wolf Leaders Handbook V3.0	Parents Guide to BPSA V1.0
Explorer Handbook V4.0	Rover Handbook V4.0
Explorer Leaders Handbook V3.0	PL's Handbook V1.0

These titles are available on CD Rom in Adobe format only.



## Upcoming Training Events

BPSA British Columbia will be holding an International WFIS Standard Woodbeads 1 (Troop) Training Course in May, in Thompson – Okanagan District. Interested Scouters are asked to contact the Provincial Trainer at [bpsa.training@gmail.com](mailto:bpsa.training@gmail.com) for more information.

Scouters from I.S.A. Pakistan are confirmed on this course.



CISA Ontario will be holding a WFIS Standard Woodbeads 1 (All Sections) Training Course in May, in Eastern District. All interested Scouters are asked to contact the Provincial Trainer at [isna.01@gmail.com](mailto:isna.01@gmail.com) for more information.

We are hoping to have trainers from BPSA-BC here to conduct this course.





## The Timber Wolf Pack & The Otter Raft

This editions article is on recruiting, and as such is common to both of our junior Sections.

### **Recruitment Ideas for Timber Wolves and Otters**

leaders face the same recruiting questions and problems each year. Here are some ideas:

- Have the existing youth go to school in uniform. At this age many kids really want to get a uniform and will be drawn into the game.
- Try to get permission to do a presentation to the grade(s) of youth in the age group where you need members - sort of a mini-rally. It helps sometimes to do this during lunch or recess times.
- Put up a display in the school, the community library, neighbourhood churches and the area grocery stores showing the uniform, badges, pictures, and critical who to contact information.
- Announce a backyard cook-out and invite target age youth and parents.
- Have a fun activity after school on a Friday night and invite other youth to join. Get really creative. And make sure it really is fun, visibly fun so that other boys want to join in. Have a balloon fair with a dozen balloon popping and other type games. Lots of bang & laughing. Heck, maybe you could get a teacher or the like to sit in a dunk tank and have the Timber Wolves sell tickets - raise money and attract interest. Well maybe that isn't a good idea, but you get the picture.
- Try this one out! Display a uniform at the School or chartered organization. Put up a sign - WIN A UNIFORM! First new member to complete the Tenderpad requirements (list 'em) and recruit at least one other member gets a free uniform with all badges sewn on! Now if a member comes from a financially hard hit family, here's their chance to earn the uniform without it being a handout. You can almost always find enough used parts to have a good quality uniform or two or three anyway.
- Do some parent visible activities - flag ceremony at PTA, service project at School, etc.
- Follow-up each with the parents of each youth that showed interest.
- If you don't get new recruits, then consider moving the recruitment show to the local shopping mall. It is real important to have a group of at least four and preferably six to eight members in a den or six to allow enough for contests, team efforts with other dens, etc. And you need to have the numbers to start developing group dynamics that lead to learning on the part of the youth.
- Ask for help - anyone in sight is a target! Use your resources - people, their talents, places, etc.

## **Timber Wolf Games....**

### **Stock-car Racing.**

The Sixes line up in files. Each Cub is given the name of a car and when that car is called, he travels to the end of the area and back in the manner described, e.g.:

- 1) Rolls-Royce: this never goes wrong - the Cub runs.
- 2) Mustang: has a flat tire - the Cub hops.
- 3) Honda: is stuck in reverse - the Cub runs backwards.
- 4) Ford: very old model, can only go slowly - the Cub walks.
- 5) Chevette: only small - the Cub runs, crouched down.
- 6) Dodge: Pulls caravan - the Cub tows his Sixer behind.
- 7) Stock-car: everyone runs.

### **Submarine Dive.**

Draw a number of small chalk circles - submarines - around the room with one less than the number of Cubs in the Pack.

The Cubs hop, walk or run round the room according to the direction given by the leader. When he calls 'Submarine Dive!', each Cub tries to get into a submarine. The one Cub who is left out stays on a submarine for the next game and so gradually the submarines become occupied. The winner is the one who gains the last vacant submarine.

## **Otter Games....**

### **Tail.**

Each Otter receives a 'tail', and puts it UNTIED in the back of their pants. Spread the Otters out and say go. Otters run around trying to grab and keep the other tails, but at the same time try to keep their own tail. If the Otter loses their tail, they may continue to collect other tails. The "Winner" is either the Otter who is the only one with his tail, or the Otter who has collected the most tails.

### **Falling snowflakes.**

The Otters sit in small tight circles with elbows touching. Hold a balloon over the center of the circle, and let it go. The Otters try to keep the 'snowflake' up in the air as long as possible without touching it. They could blow or flap their arms to keep the air moving.



## Camp Recipe Corner

This months recipe come to us from the dusty archives of the 77<sup>th</sup> Toronto Rover Crew...our Galloping Metro Gourmets.....

### Mountain Man Breakfast

**INGREDIENTS:** (serves 6-8)

1/2 pound of bacon, diced before cooking  
1 small onion, chopped  
Some fresh mushrooms, sliced, if desired  
32 oz. package frozen hash brown potatoes, allow to thaw.  
1 dozen fresh eggs  
1 cup of grated cheddar cheese  
Parsley flakes  
Salsa or picante sauce.

**Directions for preparation:**

Prehead Dutch oven and lid over fire.

Brown bacon in Dutch oven. Add onions when about done to sauté in grease. Spoon out bacon and onions and drain off grease. Wipe out excess grease and place back on hot coals.

Stir in hash brown potatoes and fry until golden brown.

Mix in bacon and onions and mushrooms.

Break eggs into pan or bowl, add some parsley flakes for color, and beat thoroughly. Pour eggs over potatoes, onion, bacon mixture. Cover with hot lid, put 12-14 coals to top, about 10 fresh coals on the bottom, and cook until eggs are almost solid - about 30-40 minutes depending on heat level.

Sprinkle cheese over top and continue cooking until eggs are set and cheese melts.

Serve with salsa according to taste.



## Backpacker's Corner

### Small Critters - Animal-Proofing a Campsite

Little critters like mice and raccoons may not cause hikers the sleepless nights we often have when hiking through bear country. But no one wants to wake up and find a mouse-sized hole in a brand-new backpack, or porcupine tooth-marks in your favourite pair of perfectly broken-in boots. Here's how to protect your stuff.

- ▶ Camping in a site that isn't often used is the number one preventative. Most animals are afraid of people — until they learn that we carry delicious food and don't fight back. If you camp where the animals haven't learned this yet, they are much less likely to come calling. Note: Minimum impact rules apply: Leave the site as you found it.
- ▶ If you're staying in a trail shelter, check out the register (a notebook that serves as communal message board). Often it'll contain notes about particular animal problems. Shelters usually have hooks or nails for hanging bags of food and equipment. Use them.
- ▶ Some campsites have food storage lockers or contraptions for hanging food. That's a dead-giveaway that animals are problem visitors at those sites. If you're going to camp there, stow your food out of reach.
- ▶ It's not what *you* call food that counts — it's what *they* call food that counts! That includes cooking utensils, toothpaste, sun cream, and garbage. It can also include T-shirts, boots, and the hip-belt of a pack, all of which can taste delicious, especially to salt-loving porcupines. (Deer also like salt, and will happily chew a smelly T-shirt to pieces.) Natural fabrics are at risk, as well: Mice use them as nesting material.
- ▶ It's better to hang a pack from a tree branch than to leave it lying on the ground — even if the branch is only a few feet off the ground. Animals will be less likely to stumble upon your pack. Take all the food out, and leave the zippers open. Even if animals do find your pack and decide to explore, they can get in without doing damage.



## Group Activities

### **Moose Camp at Cottonwood**

It's mid-November and the 14<sup>th</sup> Dragon Lake Timberwolves are arriving for their first Winter Camp of the year at the historic Cottonwood House on the Barkerville Highway west of Quesnel, B.C. The sky is overcast and a balmy -2C as the 14 wolves, 4 leaders and 2 parent helpers unloaded their kits. Each Six was assigned a cabin with fair warning to keep their lair clean and tidy as surprise inspections would be conducted during the weekend. After the opening, a hike to the river was arranged with eyes to be peeled for fresh tracks in the snow. Moose, deer and dog tracks were everywhere to be found along with rabbit and mouse tracks as well. The river was still unfrozen and the low water showed many types of rocks and quartz. A story was told of the gold in the hills and the panners that still look for gold in the river today. Arriving back at the Cottonwood House site, a game of "Camouflage", a sort of hide and seek but you have to be able to see "it" at all times without being spotted. We toured the buildings of the historic site and the young wolves were very interested in the "root cellar".

Returning to the camp, dinner was started with a salad being prepared by some TWs while others were cooking the ground beef and preparing the fixings for the hard and soft Tacos. After a very filling meal and cleaning up the kitchen, a "scavenger hunt" was organized inside the General Store. In this hunt, the idea is to find information that is hidden in the pictures and displays, such as "Who built the Cottonwood House?", "When was it built?", "What kind of pickup truck is pictured here?" and "How many children did the original Boyd family have?". (We would give you the answers, but maybe you should visit the site for yourself to find out.) After the hunt, one of the parent helpers, Ahmed, told of his youth growing up in Somalia, Africa where his teacher told his class about a great gold rush that happened in a far away place called British Columbia and of a Roadhouse there called the "Cottonwood House". This place, he said, was across the Atlantic Ocean and across the continent of North America to a place on the other side of the World. "And here I am" said Ahmed "Standing in the Cottonwood House on the other side of the World from where I was born and my teacher telling me about over 30 years ago!"

The Timberwolves asked Ahmed about lions and tigers and he told them what life was like growing up in Africa. We returned to the camp and prepared a dessert of Bandarlogs (Bananas cut in half lengthways and stuffed with marshmallows and chocolate chips, wrapped in foil and either baked in the oven or placed on the coals of a fire). While the dessert was cooking, Bagheera pulled out his guitar and we all sang songs from a songbook that Grey Wolf had made up. The night getting late, it was time for the young wolves to head to their lairs and retire. (The Old Wolves stayed up a little later and planned the next day).

Sunday morning was still overcast and cool and a breakfast of sausages and omelettes with toast was prepared and devoured. Before heading out, a discussion on hypothermia and its dangers was in order due to the mild temperatures. Did you know that the most cases of hypothermia happen **above** the freezing point? That's when we don't dress properly and the cold sneaks up on us. A quick inspection of the lairs revealed neat and tidy cabins so another hike was arranged. Just as we started out some movement in the woods across the field was noted and out walked two huge moose!

We all stood quietly and the moose sauntered away leaving the Timberwolves to call this our "Moose Camp". We explored the various trees in the area (mostly Cottonwood trees, however there was also Spruce, Fir and Birch). We found a Vole running across the top of the snow, but it was not nearly as interesting as the Moose. Returning to camp, half the group decided to play a game of tag outside while the other half helped Keego build a harness on a pair of snowshoes using an inner tube. After the game, all the Timberwolves headed inside to warm up and watch Keego explain the differences between his external frame and an internal frame backpack. A lunch of grilled cheese sandwiches and chicken noodle soup warmed us up and it was time for the wolves to return to their lairs to pack up to head home. Everyone had a wonderful time and we are all looking forward to our next Winter Camp at the end of January. Who knows what wildlife we might see next time!



Bagheera plays guitar while Ahmed and the Timberwolves decide which song to sing next.





## **BPSA - BC NEWS**

### **BPSA – British Columbia** **Summer Camp – Logan Lake** **July 9 – 15, 2006**

We welcome all Scouting and Guiding Members and our very important Parents/Guardians to the 1<sup>st</sup> B.C. Camp in Logan Lake. We will have activities for all ages with archery, orienteering, canoeing, fishing, pioneering and much more. There will be challenges between groups and individuals, so practice your program and be ready for lots of adventure.

There will be no open fires, so please be prepared with camp stoves and lanterns. Bring your own food and camping equipment. Each group is to be self sufficient. If you have canoes, please consider bringing them along. PFD's are to be supplied by each member attending and if possible, a helmet for some of the activities.

We need adult supervision of all activities, so please plan on participating in some program of your choice.

Please find below a registration form that can be used to copy and give out to all those participating. Please have them back to us at Box 601, Logan Lake, V0K 1W0 by June 1<sup>st</sup> in order that arrangement can be made to insure that everything is in order to make this camp one to remember. If you have any questions, you can call Charlie or Sandy at 250 523-6688 in the evening or e-mail us at [weircs@telus.net](mailto:weircs@telus.net).

We look forward to meeting you all in July. Until then, be safe and be prepared!

Exploring forever,  
Charlie Weir,  
Group Scout Master, 1<sup>st</sup> Logan Lake

# BPSA – British Columbia

## Summer Camp – Logan Lake

July 9 – 15, 2006

**Location:** Logan Lake Archery Camp, Logan Lake, B.C. (Near Kamloops)  
2.5 km from Logan Lake Campsite to Archery turn off past the Golf Course.  
(Within walking distance)

### Registration Form

(Please complete this form, have it approved by your local Commissioner and send it to the address below)

PLEASE TYPE OR PRINT

SURNAME: \_\_\_\_\_ First Name: \_\_\_\_\_ Initial \_\_\_\_ M\_\_ F\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov. \_\_\_\_

Postal Code: \_\_\_\_\_ OR State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Emergency Phone: ( ) \_\_\_\_\_

Position and rank in Scouting (ie, Explorers, Patrol Leaders) \_\_\_\_\_

Troop (ie 1<sup>st</sup> Logan Lake) \_\_\_\_\_ Date of birth \_\_\_\_\_

Physical Fitness (are there any physical or other conditions we should be aware of) Yes \_\_\_\_

No \_\_\_\_

If Yes, please explain

\_\_\_\_\_

Do you have any special dietary needs? Yes \_\_\_\_ No \_\_\_\_ Do you have any allergies? Yes \_\_\_\_

No \_\_\_\_

If Yes, please explain

\_\_\_\_\_

If this form is for an adult registration, please complete the following:

Adults Occupation: \_\_\_\_\_

Adults Other skills (Trades, Lifesaving, Medical, etc.)

\_\_\_\_\_

CAMP JOBS: Preferred: \_\_\_\_\_ Second choice: \_\_\_\_\_

Mode of Transportation: Bus \_\_\_\_\_ Car/Van \_\_\_\_\_ How many vehicles \_\_\_\_\_

Camp Fee: \$50 Canadian (Must accompany this form)

Please make cheque payable to BPSA – BC Provincial Council

All youth must be under the supervision of a Warranted Group Leader. BPSA-BC is not responsible for individual supervision of the youth. Rovers and adults are responsible for their own actions. This is a BPSA-BC sanctioned camp and the PO&R applies, including the prohibition of alcohol in camp.

Parent/Guardian signature \_\_\_\_\_ Date: \_\_\_\_\_

Group Scoutmaster signature \_\_\_\_\_ Date: \_\_\_\_\_



## Scouters Five

### Planning for Rain

Q: What follows two days of rain?

A. Monday

Most of us familiar with the tongue-in-cheek observation on weekend weather are also probably quite mystified over another phenomenon. Why do the same Timber Wolves and Explorers who insist on going out to play in the rain against parents' wishes at home refuse to go out in it at camp where you encourage them to play in the rain?

Your leadership team has spent hours putting together activities for camp this weekend. You rush home from work on Friday, change into uniform, and throw a few essentials into your pack (including your trusty sun-block). Just as you start out the door, the telephone rings. John's father wants to know if you've heard the weekend weather forecast--scattered showers, gusting winds, etc., etc....

So, should we cancel the camp? Plan camps only for when fair weather is guaranteed? Camp in cabins all the time? Don't camp at all? Obviously, the answer to all of the above is no. Our only solution is to prepare ourselves accordingly and expect to have rain at every camp.

Being prepared involves a number of areas, but there are two key points.

Proper rain gear. Ponchos seem to have been designed only for those over 1.8 m tall, but they can also serve as spare groundsheets or tarps. My personal preference is rainproof jackets and trousers because they pack away in relatively little space but offer extra warmth.

Be cautious when buying rainwear. Anything that costs less than \$10 is not likely to handle the wear and tear of camp activities. Better jackets (and ponchos) have built-in rather than detachable hoods. With detachable hoods, rain is more likely to find its way through the seam to trickle down your back.

A peaked hat is definitely worthwhile. If you wear glasses, you'll immediately recognize the benefit of such headgear. The cap's peak keeps rain off your face and reduces the likelihood that water will flow down the front of your neck and into your clothes.

Waterproof footwear is another essential, but type depends on personal preference. Good outdoor walking or hiking boots work best. Just be sure to refresh the waterproof coating. Pay particular attention to the seam between uppers and sole.

If you prefer sneakers at camp, you'll need rubber boots. I am not a fan of these because they don't provide enough ankle and foot support for walking and they aren't warm enough for walking in the cold.

Scouters' attitude. Young members look to you as an example.

If you let wet weather get you down, you pass along the message. It doesn't matter how well you protect your body from the elements; if your mind says you want to be miserable, that's the way it will be. Rain is part of the outdoors. Glory in it. Take everyone dancing in the rain or puddle jumping.

Talk with your members before you go camping, not on the first night of camp when it's pouring. Ask them to tell you all the things they don't like about being outdoors in the rain and list the replies on a chalkboard or flip chart. You may need to prompt them a little, since they are doing this when they are warm and comfortable indoors.

After you've taken this part of the exercise as far as you can, call a break and run a short game to give everyone a stretch. Then, sit down again and ask them how they might solve each of the "problems" they listed earlier. I'm sure you'll find they have the answers you're looking for.

Although I've not taken this brainstorming approach to encourage my Scouts to think through the rain clouds, we have held small group discussions. Here are some of their concerns and solutions.

The tents will get wet inside if we put them up in the rain.

Okay, then set up a large tarpaulin as an all-weather shelter (and practise knots and lashes), then pitch the tents undercover. Since all our tents have fitted groundsheets and flysheets, you shouldn't get wet at all.

We can't cook in the rain.

Cook under the all-weather shelter (taking into account proper safety considerations).

The clothes in my pack get wet.

Pack clothes in plastic bags, preferably the zip-lock type. We suggest Explorers bring an extra plastic garbage bag to camp; they can use it to cover the top of backpack or kitbag if it rains. We also instruct them to pack their sleeping bags in a plastic garbage bag inside the stuff-sack.

You can't do anything in the rain.

Why not? How about a walk in the rain; perhaps a scavenger hunt (bring back one ray of sunshine...) or compass work to prove the benefit of map cases. How about pioneering--have everyone collect enough spars and lash them together to make a wind-break or strengthen the tarp you put up when you arrived.

The whole point of this camp was to track sun-spot activity; now we have nothing else to do.

This is a toughy, but being good Scouts and Scouters, we always have contingency plans.

Practise lighting fires with wet wood, go on a flashlight ramble, do an orientation game, hold a Scouts' Own, sing in the rain, learn something about meteorology, practise first aid, play a wide game.

Obviously, good sense must prevail. You probably don't want to fly kites, practise semaphore from the top of an exposed hill, or go swimming when your little rain shower is backed up by the biggest, ugliest thundercloud you've ever seen in your life.

"Well, I guess that's settled then," you say to John's dad, "the camp is off for this weekend, so that you can let John go out and play in the rain."

But, seriously, the ability to enjoy camping is a pleasure we should not deny ourselves, whatever the weather. It comes down to the two basic ingredients: proper rain-proof clothing and a rainproof positive attitude. Just add water, stir vigorously, and enjoy.

Submissions for the next edition should be sent to:

[BPSA.01@GMAIL.COM](mailto:BPSA.01@GMAIL.COM)

Remember that this is **YOUR** newsletter and we need  
**YOUR** submissions and articles.

DO YOU HAVE ANY GOOD CAMP RECIPES? SEND THEM TO US AS WELL!!

TELL US ABOUT YOUR CAMPS OR HIKES.....WE WANT TO READ  
ABOUT THEM!!

DO YOU HAVE ANY IDEAS THAT WILL HELP OTHER LEADERS WITH THEIR  
PROGRAMS? SEND THEM ALONG!!

SEND YOUR SUBMISSIONS FOR THE NEXT WFIS NEWSLETTER TO:

[BPSA.01@GMAIL.COM](mailto:BPSA.01@GMAIL.COM)